

'Take Me Back'

Choreographers **Dee Musk (UK) Debbie Ellis (Spain)**

64 Count 2 Wall High Intermediate Dance **Choreographed May 2009**

Music:- 'Take Me Back' – Tinchy Stryder (featuring Taio Cruz) **available on Itunes.**

32 Count Intro. Approx 16 seconds. Track approx 3min 09 secs

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PRESS KICK, BEHIND SIDE STEP, 1/2 TURN R, 1/4 TURN R, RECOVER CROSS.

- 1,2 Press R to R side, recover weight to L whilst kicking R.
3&4 Cross step R behind L, step L to L side, step R forward.
5,6 Making a 1/2 turn R step back on L, make a 1/4 turn R stepping R to R side
7,8 Recover weight to L, cross step R over L. **(9 o'clock).**

ROCK 1/4 TURN L, SIDE TOUCH, TOUCH CROSS, BACK SIDE.

- 1,2 Rock L to L side, recover making a 1/4 turn L.
3,4 Step L to L side, touch R toe in front of L.
5,6 Touch R toe to R side, cross step R over L.
7,8 Step back on L, step R to R side. **(6 o'clock).**

DIAGONAL STEP, PUSH RECOVER, SIDE STEP, STEP PIVOT, DIAGONAL PUSH RECOVER. BALL CROSS.

- 1,2 ,3 Facing R diagonal step forward on L, touching R toe forward push hips forward, step back on R pushing hips back (weight back on R).
4,5 Step L to L side facing 6 o'clock, step forward on R.
6 Make a 1/2 turn L (weight forward on L).
7,8 Facing L diagonal touching R toe forward push hips forward, push hips back (weight back on L).
&1 Step R to R side, cross step L over R. **(12 o'clock).**

SIDE DRAG BALL CROSS, 1/4 TURN R, 1/2 TURN R, 1/4 TURN DRAG BALL CROSS.

- 2,3&4 Step R to R side, drag L in beside R, step L beside R, cross step R over L.
5,6,7 Make a 1/4 turn R stepping back on L, make a 1/2 turn R stepping forward on R, make a 1/4 turn R stepping L to L side.
8&1 Drag R beside L, step R beside L, cross step L over R. **(12 o'clock).**

1/4 TURN L, 1/2 TURN L, STEP PIVOT, LOCK STEP, TOUCH FORWARD.

- 2,3 Make a 1/4 turn L stepping back on R, make a 1/2 turn L stepping forward on L.
4,5 Step forward on R, make a 1/2 turn L (weight forward on L).
6&7 Step forward on R, cross lock L behind R, step forward on R.
8 Touch L toe forward. **(9 o'clock).**

TOUCH BACK, 1/2 REVERSE TURN L, 1/4 TURN L, SAILOR STEP, HOLD AND SIDE, TOUCH.

- 1,2 Touch L toe back, make a 1/2 reverse turn L (weight forward on L).
3 Make a 1/4 turn L stepping R to R side.
4&5 Cross step L behind R, step R to R side, step L to L side.
6 HOLD.
&7,8 Step R beside L, step L to L side, touch R beside L. **(12 o'clock).**

V S STEP, HOLD, BALL STEP PIVOT, SIDE STEP, SAILOR 1/2 TURN CROSS R.

- 1,2 Step out on R, step out on L.
3 HOLD.
&4,5 Step R beside L, step forward on L, make a 1/2 pivot R (weight forward on R).
6 Step L to L side.
7&8 Making a 1/2 turn R cross step R behind L, step L to L side, cross step R over L. **(12 o'clock).**

BACK SIDE, WALK WALK, 1/2 TURN R, HOLD, BACK ROCK KICK.

- 1,2 Step back on L, step R to R side.
3,4 Walk forward L, walk forward R.
5,6 Make a 1/2 turn R stepping back on L, HOLD count 6.
7&8 Rock back on R, recover weight to L, kick R to R diagonal. **(6 o'clock).**